

THE STRUGGLE TO ACHIEVE A DREAM IN JAMES R. DOTY'S INTO THE MAGIC SHOP

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Received: 11 January 2023

Accepted: 20 January 2023

Published: 02 February 2023

Abstract: The purpose of this research is to reveal the struggle of Jim to achieve his dream and the obstacles of his success. The writer uses qualitative methods, using two data sources, namely primary data and secondary data. The main data source is the novel of the main character, then the secondary data source is books, articles, and reference journals on the internet about the novel *Into the Magic Shop* by James R Doty. And in analyzing it the writer uses an objective approach that focuses on external and internal elements. The results show that the main character Jim's dream is to have a lot of money, go to college, become a successful doctor, and live a luxurious life. His struggles were when he studied magic, during his school life, and his business career. The obstacles he faces are finances, family, and the value of his courses. Finally, he can get what he dreams of, become a doctor and live what he wants.

Keywords: *Jim, struggles, obstacles, Into the Magic Shop, Doty*

INTRODUCTION

Human are social creatures in this world. In every life, different problems make a person a better person than before. The struggle is when humans experience difficulties and try very hard to do something to get something of value. The novel *Into the Magic Shop* written by James R. Doty is a true story about the author, starting with him as a boy. The main character in this novel, Jim, has big dreams but in his life, someone who was born into a poor family who has many shortcomings, such as a drunken father, a sick and depressed mother, and a cowardly brother. Jim feels that he is the

breadwinner of the family and he has many desires in his life. but despite the problems in his youth, he was able to successfully live life and become a successful neurologist and get everything he wants after he put in effort and struggle. An unknown woman shows an act of compassion, teaching the boy a known secret that encourages hearts and minds to work together, leading to a healthier and happier life. The writer wants to reveal the struggle experience of the main character to get what he dreams of and what the obstacles.

THEORETICAL FRAMEWORK

Literature

According to Hudson (2006), "Literature is a vital record of what men have seen in life, what they have experienced of it, what they have thought and felt about those aspects of it which have the most immediate and enduring interest for all of us and it is thus fundamentally an expression of life through the medium of language." Moreover, "Literature is the knowledge which is earned by human beings arise conduct and it is used to reflect and express experience" (Nanlohy, Rorintulus & Kamagi, 2021, p. 306).

Struggle

Marsam (2000, p. 181) states "the struggle comes from the word a fight for survival" hard work and efforts in achieving a good thing are the key to success. Nguyen (2009, p. 203) states, "we can recreate our bonds and we can fight, ceaselessly, for what we deem to be our rights and for what we envision". It can be concluded that people can recreate their bonds and they can fight to achieve their dreams and rights. "struggle is a must if people want some progress in their life. The struggle may be a moral one, or it may be a physical one, or it may be both moral and physical, but it must be a struggle." Dewi R. Sulistini (2014, p. 30) people have to struggle to get a great effort when people are not struggling they get nothing. Based on those definitions, as mentioned in the definition of the term, the struggle is hard work that everyone experiences to try to achieve what they dream about and no dream can happen without a struggle.

Elements of Novel

Theme

The theme is the main idea of a story. In another word the theme is the main idea or thoughts as the main point that builds a literary work.

Plot

The plot is known as the basis of a novel or story in which the characters and setting are built around it. It is intended to organize information and events in a logical way, or events based on true stories. The events are interrelated in a pattern or sequence. The foundation of the story means that the plot is important. That is the core of the story. This creates the shape of the story. As already stated, "Plot is one of the elements of fiction and is composed of a series of events and actions that make up the story. A novelist uses a plot to set the sequence of events. The plot is to arrange the events that are passed by the characters so that the movement is unified. A plot is a series of events that make up a story. It arranges the events that are passed by the character, so their movements are together. The plot is the sequence of events that forms a story.

Character

Character is one of the important elements in a novel. As stated, "Characters are the people in the narrative, and characterization is the author's presentation and development of character traits" (Griffith, 2010, p.60). Character is what humans do in everyday life, how they identify themselves, and how they behave. There were two kinds of characters; main character and minor character.

Setting

Settings describe the situation where, when, and everything in which a story takes place. The setting is an important part that influences a change and the development of a story because the setting creates an atmosphere that moves the emotions of readers.

Biography of the Author

James Robert Doty, M.D., FACS, FICS, FAANS (born 1 December 1955) is a clinical professor in the Department of Neurosurgery at Stanford University and the

director of the Center for Compassion and Altruism Research and Education at Stanford University School of Medicine. He completed his undergraduate education at the University of CA, Irvine, and medical school at Tulane University. He trained in neurosurgery at Walter Reed Army Medical Center and completed fellowships in pediatric neurosurgery at Children's Hospital in Philadelphia (CHOP) and in neuron electrophysiology focused on the use of evoked potentials to assess the integrity of neurological function. His more recent research interests have focused on the development of technologies using focused beams of radiation in conjunction with robotics and image-guidance techniques to treat solid tumors and other pathologies in the brain and spinal cord. He spent 9 years on active duty service in the U.S. Army Medical Corps. James R. Doty wrote: "Into the Magic Shop" based on his true story, James Doty was 12 years old when he walked into a magic shop and met an extraordinary woman who introduced him to a series of teachings that changed the trajectory of his life. With Lessons from the Magic Shop, Dr. Doty offers an in-depth training program with the same transformational practices that helped him overcome great odds en route to becoming a renowned neurosurgeon, neuroscientist, and one of today's leading voices on the power of love and compassion.

RESEARCH METHODOLOGY

Research Design

This study applied qualitative research. According to Mayring (2000, p. 2), "Qualitative content analysis defines itself within this framework as an approach of empirical, methodological controlled analysis of texts within their context of communication, following content analytical rules and step by step models, without rash quantification." Based on the quotation, qualitative research is a methodology of analysis of text and do not contain numerical data.

Qualitative research is done through library and field research. So this research is applied to library research. Nawawi (2005, 31) states that "library research is a research activity done by collecting the data from some sources either from the library or other

places." This method is applied by reading and studying books concerned with the topic of the problems.

Data Collection

Two data sources are used in this research. They are primary sources and secondary sources. According to Ary et.al (1985,332), "In qualitative research, two sources are used to get data, primary sources and secondary sources". Based on the quotation, the writer uses two data sources in this research. The primary source is to give prominent data that relate to the problem of the research. The secondary sources are additional sources to get the data. The primary source in this research is the novel "Into the Magic Shop" by James R. Doty. The secondary sources in this research are some books such as theories, journals/articles, internet sources, and some materials that support this research.

Data Analysis

To find the answer to this research, the data must be analyzed. According to Given (2008, p. 186), "Data analysis is an important part of qualitative research that includes gathering and linking the data to be a concept". Based on the quotation, analysis is the process of gathering and linking the data and then learning what they did and how it is related to one another. In analyzing the data, the writer used the objective approach. According to Abrams (1979, p. 26),

"The objective orientation which on principle regard to the work of art in isolation from all these external points the reference, analysis a self-sufficient entity constituted by its parts in their internal relation and be judged solely by criteria intrinsic to its model being".

Based on this quotation, the objective approach focuses on the analysis of external and internal elements. This approach is used in identifying and finding what happened in the story through internal elements, from the relation between internal elements. For example, plot, settings, theme, and character.

In this research, the writer reveals the struggle through the main character Jim and his interaction with the other character. And through the settings, how Jim struggles to succeed and achieve his dream form of the environment, time, and place.

FINDINGS AND DISCUSSIONS

The focus is on the main character in the novel named Jim Into the Magic Shop. As stated earlier in chapter one, this research analyzes the struggles and successes of the main character to get what he dreams of.

Jim's Dream

Dreams are everything. Everyone has a dream in life and a dream is something we want and create in our mind, which is based on purpose and action, which must have focus and effort to be able to get it. Jim is a child who has a very touching childhood story. He was born from poor family background and has big dreams in life. In his childhood, he wanted to become a famous magician because he likes to play magic, wants to have a decent or rich life, and wants to be a successful doctor.

Luxury and Money

Jim has desire or dream to be able to live with enough money, live in luxury, and be able to get what he wants so that he can live a better life with his family.

"I knew I wanted money. Enough money so that I didn't have to worry about anything ever again. Enough money so I could buy whatever I wanted whenever I wanted it. Enough money so that people would be impressed with my success and would take me seriously. Enough money so that I would be happy and my mom wouldn't be depressed and my dad wouldn't need to drink." Doty (2016, p.95)

He also told himself to be able and get everything he wants or dreams of in his life. Jim is more confident and believes that he can get what he wants.

"I told myself that, one day, I would have a watch just like his man had. I remembered later watching Fantasy island and dreaming about owning my own island. I would grant myself wishes. I wanted to be rich that places would be named after me. When I had all those things, then I would be OK. And that's what I wanted most of all-to be OK." Doty (2016, p.96)

Based on the above analysis Jim wants to have a lot of money so that he can change the fate of his life and how he can live in luxury. All because Jim lived with a poor

family. He always imagined that he could get what he dreamed of and he could live a better life with his family.

Becoming a successful doctor

Jim wanted to become a doctor was because of an illness he had suffered that almost took his life, he was very worried about it. He wants to be a good doctor.

"I didn't know you wanted to be a doctor. It's an honor and privilege to care for people who are sick, especially children. It takes a very special type of person to do this job. When I was a kid, I had severe asthma and almost died. My mother took me to the doctor, and I'll never forget his smile. As soon as I saw him I knew I wouldn't die and, at that moment, I knew I was going to be a doctor." Doty (2016, p.100)

When Jim still thought that being a doctor for him was an impossible thing. but after what Ruth had told him, he became more confident and confident that one day he would become a good doctor and succeed in getting what he dreamed of.

"I couldn't imagine going to college or becoming a doctor, it seemed impossible, as far-fetched as my walking on the moon one day, but he didn't seem like he was joking. He looked me directly in the eye and said, "I can tell that you care, and I can tell that you would be a really good doctor."

"I told Ruth, yes, I want to be a doctor. Then I corrected myself, I know I'm going to be a doctor, I had no idea how to go about making that happen-I had never even dreamed of going to college, much less medical school- but at that moment I knew it would happen." Doty (2016, p.101-102)

In conclusion, it can be said that Jim has big dreams. Even though his living conditions are very worrying with his family background and economy are difficult.

Jim's Struggle

The struggle may be a moral one; or it may be a physical one; or it may be both moral and physical; but it must be a struggle." Dewi R. Sulistini (2014, p. 30). Based on the description, it can be concluded that struggle creates effort is an attempt to carried out with a specific purpose so that all existing problems can be resolved properly and can achieve the expected goals.

Magic Trick

When Ruth listens to Jim's story, Ruth offers Jim an extraordinary magic trick that can't be bought by magicians anywhere. Ruth helps Jim to learn a magic trick that could change his life. but the trick that will be taught by Ruth takes a lot of effort to do it.

"I will teach you some magic. The kind of magic that you can't buy in a store and that will help you make anything you want actually appear. For real. It's going to take a lot of work and you're going to have to practice the tricks I teach you even more than you did your thumb trick. But I promise you, what I'm going to teach you will change your life." Doty (2016, p.32)

Ruth teaches Jim about how he can relax his whole body and open his mind and heart to remain calm even in situations or conditions that can make him under pressure. That trick is an amazing trick to learn Ruth said. And Ruth tricks like meditation to keep the body calm and focused.

"Jim, I want you to practice relaxing your body. Especially in a situation with your family, like you told me about. You can stay relaxed even when you're feeling angry or sad. I know it seems like a lot of work, but eventually, you'll be able to get into a state of total relaxation almost instantaneously. It's a great trick to learn trust me on this." Doty (2016, p.51)

As time goes by, Jim keeps trying to learn the magic tricks that Ruth teaches him. and he had a moment to think and realize that some of the tricks he'd learned he could feel, and Jim thought that Ruth was like a good magician. With what Ruth teaches she always thinks and keeps trying to focus and listen to her thoughts even though it's difficult but she has to stay calm and keep trying.

"Ruth was a great magician. I never knew there were voices in my head until Ruth pointed them out. I never knew how loud they were until Ruth asked me to try to keep them silent. It was hard to train my body relax-especially at home in a small apartment where the television always seemed to be blaring and every deep breath was infused with the stale cigarette smoke that hung heavy in the air. But if relaxing my body was difficult, silencing my thoughts seemed impossible." Doty (2016, p. 57)

After Ruth teaches Jim how to keep his mind relaxed and calm, Ruth teaches Jim how he can only think about how to breathe without listening to any sound in his mind. Jim should be able to just focus on breathing. And that makes it very difficult for him to do that.

"Keep focusing on your breath. If deejay starts talking, just stop listening and go back to focusing on your breath. I was thinking about something other than my breathing. This was hard. I couldn't do it. It seemed like I could only take about five breaths before I started thinking about something else. I decided to count how many breaths but then realized that if I was counting breaths I was still thinking. This was actually impossible." Doty (2016, p.63)

Jim told Ruth that this one trick was really hard for him. But Ruth kept telling him to keep practicing because Ruth believed Jim could do it. It's just that Jim has to stay focused on practicing and keep practicing it and one day Jim can figure it out.

"It just takes practice. Just try to stop your thoughts for a second. Then a few more seconds. Then a little longer. I'm really not good at this. Everyone who tries this says the same thing at first. You can be good at anything you want. Even this. You just don't know it yet." Doty (2016, p.64)

All the tricks that Ruth taught Jim have learned, and Jim keep trying to do it. Ruth shared everything that was important about the tricks they had learned together. And Ruth hopes this trick can help Jim's life and he should keep practicing the trick.

"When your mind wanders away from your breath it's not good or bad. It's just doing what it does. Just notice it. Then guide it back to your breath. Help its focus again. That's all. You just have to show it who is in control. All I want you to do is notice when you are thinking. Then you'll begin to notice when your mind isn't running all over the place. I'll practice. Excellent, that's all you can do. Practice, practice, and practice."

"Relax first, then calm your mind by taming your thoughts. Eventually, all the tricks I teach will just flow together and you'll relax and quiet your mind at the same time, but for now, do it step by step." Doty (2016, p.64-65)

When he met Ruth at the age of 12, it was very difficult to learn the tricks that Ruth taught at that time. Ruth teaches Jim to learn a trick that could change Jim's life. The trick is very helpful and can change people's lives. Jim is trying to learn from the tricks that Ruth taught him to make things possible. With confidence, focus, and keep trying so that what he wants he can get it. and all of Jim's efforts to learn that trick he can become a calm person even though he is in a condition he doesn't want, when he is worried but he can learn and continue to focus on his dream. The trick really helped him even though it took a lot of effort to do it.

Medical School

After Jim graduated from high school, he began to prepare himself and tried to apply to college. with his efforts to get into the college he was accepted at the University of California Irvine and managed to get a scholarship Jim was very lucky.

My future had arrived. Yes, it had to be forwarded many times through the mail, traveling from one seedy apartment to the next, but my future had chased me down and finally found me. I had been accepted amazingly, by graduation I had significantly improved my academic performance and had received some small scholarships and enough financial assistance to pay for tuition, room, and board. I was going to college I was free."Doty (2016, p.122)

Jim is still worried about how he can divide his time between part-time work, lecture hours, studying, and taking care of his parents. and on the other hand, he must try to maintain his grades so that he can enter medical school at the end of the third year.

*"Year after year, it seemed like I studied harder than anyone else just to get a passing grade. I rode the bus from your Irvine to Luncester often during the first few years of school, and other times I hitchhiked. Even though I worked hard the weeks I left school to take care of my mother, manage my father, or help them dig out of one crisis or another added up. When the time came to apply to medical school, not only did I have a GPA of 2,5, it looked like I wouldn't even graduate. As a pre-med student, I was failing miserably. The average GPA for acceptance to medical school at the time was almost 3,8."*Doty (2016, p.131-132)

As he knows that his grades are not enough to enter medical school he tries to beg the secretary of the committee to give him a chance in the form of an interview, in the interview he pours out his heart and his desire to get a chance at medical school.

"I have had this dream for most of my life. It has driven me. Sustained me. Be the only consistent in my life. Yes, I haven't always had the best grades, but not everything has been in my control. I have worked as hard or harder than most, and even if my record doesn't show it, I will guarantee you that no one has come before this committee more determined than I'm to succeed in medical school.

I told them about growing up poor and my struggle to get into college. I told them about my mother and my father, I told them about the many times I had to leave school to take care of my parents. I told them about how hard I worked in school just to maintain my grades and stay enrolled. It was amazing that I was even standing before the one thing to go to medical school, and I did everything I could to make them see just how extraordinary it was. You know there is not one shred of evidence that a high GPA correlates with being a good doctor. A high GPA doesn't make you care. Every single person, at one time in life or another, needs a chance to do something no one else believes is possible. Each of you here today is here because someone believed in you. Because someone cares. I am asking you to believe in me. That's all I'm asking. I'm asking you to give me the chance to become who I dream of becoming. There was silence for a moment when I was done. They told me would consider all that I had said." Doty (2016, p.135-136)

The secretary suggested Jim try the summer program at Tulane, even though his registration was over. The secretary gave Jim a piece of paper and told him to try contacting the summer enrollment program. After Jim contacted the enrollment program two weeks later he was given the opportunity and accepted into the Tulane medical school MEDREP summer program.

"I overheard a little of that in there. She handed me a flyer. You might want to take a look at this. The deadline has passed, but I sense that deadlines for you aren't acceptable either. The flyer was for a summer program called MEDREP at Tulane Medical School. It was a program for minority and economically disadvantaged students

hoping to pursue a career in medicine. It was a summer enrichment course that gave you lab experience and helped you prepare for the MCAT, the test every medical school applicant is required to take. And two weeks later I had the letter of acceptance to the MEDREP program in hand.”Doty (2016, p.137)

By the time Jim left school he was very worried about how he would get into college. while he was able to get into college and get a scholarship, he was also worried about his grades and college. how can he maintain his grades and classes, he has to work part-time, take care of his mother, and must maintain his academic grades during college so that he can enter and apply to medical school after his third year of study.

Keeping Business On

After becoming a successful doctor, Jim also started his career in business, becoming an investor in a company offered by a friend, but the company immediately went bankrupt but Jim still tried to maintain the company.

“A few years earlier, a friend of mine had shared with me his idea for a technology that would revolutionize the field of radiation therapy and the treatment of solid to morse in the brain. He had started a company. I was so impressed that I became one of the first investors. I told him that I would place the first you need outside Stanford down in Newport beach. Within two years after his investment accuracy, the manufacturer was effectively bankrupt through a combination of mismanagement and an inability to raise adequate capital. Several years later they still had not been able to get FDA approval and sales were nonexistent the company had burned every bridge, not only in Silicon Valley but in the entire United States in terms of raising further capital things looked grim, and those who had faith in the potential of the technology and who had put millions of dollars into it were going to lose their investment and the world lose this extraordinary technology. I had to do something. I decided I was going to save the company.”.”Doty (2016, p.164)

Even though he doesn't have a background as a businessman, Jim still tries and does everything possible to keep the company afloat, and he and his friends meet an investor who can help the company.

"I told my friend that I hate a plan. I'm not sure if he believed that I could help or if he had no other option, but he encouraged me. The company had gone from sixty employees to six. I shared with him the situation regarding CyberKnife and how the technology could save hundreds of thousands of lives. I just needed someone to raise the money necessary for it to survive. He ended up helping me restructure the company and raises \$.18 million. The problem was the principal investor would agree to do it only if I would agree to be the CEO. I not only had sold them on the concept but for me as the critical component to its success. Within eighteen months the company was completely restructured FDA approval was obtained, and the valuation had gone from effective bankruptcy to \$.100 million. During this time, I ended up meeting a lot of people, including venture capitalists and entrepreneurs who were starting companies in silicon valley." Doty (2016, p.164-165)

The Success

Jim got a scholarship in his first year of medical school, he also received a scholarship from the Army. Jim started his career in medicine and all costs and expenses were borne by the Army. he served his country during a nine-year term and became a major.

"I had accepted a scholarship to pay for medical school for the first year, and after my freshman year, I accepted a scholarship from the army. I felt a deep obligation to serve my country as a doctor. The army agreed to pay my way through medical school, all tuition, and expenses, I served a total of nine years in the U.S. Army, and eventually became Major James Doty." Doty (2016, p.143-144)

During Jim's tenure as a doctor, he has gotten a better life and is well-known by many people because of his hard work until he was able to get what he wanted in his childhood. Jim really enjoyed his life after becoming a successful doctor and he plans to retire at the age of forty-four years.

"I was forty-four years old, and my plan was to retire within the next year. My life in Newport Beach was a long way from Lancaster. I had become one of the most successful neurosurgeons in Orange Country. I lived on a bluff overlooking Newport Bay in a seventy-five-hundred-square-foot home." Doty (2016, p.163)

Jim has got what he wants like what he dreamed of in his childhood, to be able to become a doctor and have a decent and successful life to be able to live a better life and be able to have what he wants, and that's all he can get after he becomes a successful doctor, but all of it is the result of Jim's efforts, hard work, and struggle so that he can achieve his dream.

Based on the analysis above, the life story of the main character James R Doty, *Into the Magic Shop*. Reveals that his life path is full of struggles, how he can get what he wants, has a poor family background, and a very moving life but he still keeps trying with his dream. he is lucky enough to meet good people who help him, he learns about love, care loves himself, never gives up on doing something, focuses on the goal, and keeps fighting. Even though Jim went through many challenges and problems in life, Jim was able to become a successful and famous neurosurgeon.

CONCLUSION

Regarding the topic discussed in the previous chapter, the writer focuses on the struggle to achieve the dream of the main character's life in the novel *Into The Magic Shop* by James R Doty. Therefore, the writer came to some conclusions based on that analysis. The conclusion found by the writer related to the analysis is that everyone has dreams and life stories as well as different backgrounds. Having a complicated life does not always remain complicated. A person can change his fate and life for the better. Life is a struggle, that struggle requires effort and hard work, and keep the fight to achieve the goals you want to achieve.

As in this story, Jim's struggles in his life with a background of a poor and broken family met with people who could help him, went through various processes and he could become a successful neurosurgeon, despite experiencing various problems, Jim still tried and fought for his life. Keep rising to reach your dreams in life.

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