

AN ANALYSIS OF INTERNAL AND EXTERNAL CONFLICTS OF THE MAIN CHARACTER IN SOHN WON PYUNG'S ALMOND

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Abstract: This research aims to explain the conflicts experienced by the main character and how to resolve each conflict in his life. The problem examined in this research is the internal and external conflict of the main character in the novel *Almond* by Sohn Won Pyung. This research uses data sourced from the novel *Almond* and then analyzed using qualitative methods with a Sigmund Freud-style literary psychology approach, namely the theory of the id, ego and superego. The analysis results obtained show that overall the problems experienced by the main character are the Id, attitudes that arise naturally, as a result of encouragement and cooperation, the Id works based on the principle of pleasure. The id makes decisions or desires without considering rationality. Ego is an action that unconsciously obtains momentary pleasure or enjoyment by prioritizing only needs, and Superego is a temporary action regarding decisions regarding the value of right or wrong in all things. awareness without regret and bear all the consequences of the actions taken.

Keywords: *Internal, External, Conflict, Psychology, Main Character*

INTRODUCTION

The Popular literature is an area of struggle where conflicts occur between dominant groups and non-dominant groups, and cultural differences within these groups are continuously constructed and reconstructed, (Hallows 2010) in Dewojati (2021). Literature with roots in the needs, knowledge, issues, and tastes of the general public is referred to as popular literature. A literary works is deemed popular in comparison to other based on its content, linguistic devices used, and general writing style that appeals to readers.

Novel is a form of popular literary work that has intrinsic and extrinsic elements. Literary work itself is built by intrinsic elements. Intrinsic elements are the main elements in the formation of a literary work, while extrinsic elements are elements

that support the formation of literary works. The intrinsic elements are in the form of themes, mandates, plots, settings, points of view, characters and characterizations.

In literary works, characters are directly involved in problem conflicts. The characters themselves are real images of people who don't have a body and soul, but are designed to look like they have a body and soul, so that in a literary work, characters are a core element in creating a problem that will develop the story. Characters are created through reflection on real human life, because of that characters have characteristics that resemble real humans, namely behavior, thoughts, and feelings.

Conflict is an expression of conflict between individuals with other individuals, groups with other groups for several reasons. In this view, disputes indicate differences between two or more individuals who are expressed, remembered, and experienced. (Pace and Faules, 1994: 249). Conflict is an interaction called communication between individuals with one another; undeniably it will cause conflict on different levels (Devido, 1995) in Sabudu (2021).

According to William Kenney in Wijayanti (2020), to distinguish the types of conflict that was become the scope of this research, it is necessary to describe several types of conflict. Internal and external conflict are the two categories of conflict. Internal conflicts are mental wars that arise in a character's psyche as a result of conflicting impulses or decisions. Conversely, external conflict arises from circumstances beyond an individual's control. Fighting, squabbling, or just opposition between two parties occurs when there is an external dispute. Examples of conflict include those that arise between people and one another, with nature, and with society. Actions (struggles, arguments, and physical struggles), characters (both good and bad), dialogue, descriptions, and other media are examples of how external conflict is portrayed.

This novel written by Sohn Won Pyung tells the story of Yoonjae, who is the main character in this novel, has a conflict in his life, he has an abnormality in his brain, so he cannot feel pain even if he is hit or bitten and cannot express emotions or show expressions. towards his interlocutor, when Yoonjae was born, he didn't laugh at all for a few days, his mother who was starting to get confused about her

son's condition immediately took him to the doctor. When taken to the doctor, then the mother knows that her child has "specialties" that children her age do not have. When hearing this, Yoonjae's mother was devastated, but she had to be strong because if not herself, who else would have to take care of Yoonjae. Not only "weird", Yoonjae is also considered a brave person because he is never afraid. For some people, not having this fear is considered a good thing and having the courage to face various kinds of obstacles. However, for Yoonjae not being able to feel afraid was a disorder that he shouldn't have because something like that made Yoonjae look like a fool. Basically the fear that is owned by humans is a form of emotion that comes from human instincts.

In this case, the researcher examines further the internal and external conflicts experienced by the main character through a literary psychology approach in the novel by Sohn Won Pyung *Almond*. Reading literature can help us comprehend psychology in general and individual psychology in particular. Literary psychology as a review plays an important role in literary studies. Literary psychology is an alternative way to explore the world of literature through psychology. One can study psychology through the psychology of literature without having to bother with pure psychology, which might be unappealing at times due to its use of academic and technical language. The discipline of psychology is a discipline that deals with behavior and mental processes. Wellek & Warren in Nurgiyantoro (2013) states "Psychology in literature can be associated with the psychology of the author, the application of psychological principles in literary texts, and the psychology of the reader". The author's psychology is related to the process of writing literary texts. Like it or not, there must be an influence on the author's personality, for example, belief in values, thoughts and feelings.

RESEARCH METHOD

According to Harahap (2020), qualitative research is research that carries out understanding by examining each individual or group of people coming from social problems. This study used qualitative research in this way. Qualitative research is generally applicable to studies of people's lives, histories, behaviors, ideas or occurrences, societal issues, and so forth. In addition, to analyze the conflicts

experienced by the main characters of the novel, the approach used is literary psychology, because this approach is considered appropriate for analyzing internal and external conflicts in Almond Sohn Won Pyung's.

Data Collection

This research collected several data related to the novel Almond by Sohn Won Pyung, and used two types of sources, namely primary and secondary sources. The novel Almond by Sohn Won Pyung serves as the primary source and the internet, books, journals, ebooks and articles as secondary sources. The purpose of all secondary sources is to supplement primary materials.

Data Source

The primary source that used in this research is a novel by Sohn Won Pyung entitled Almond. The novel Almond is an adaptation of a Korean novel and was published in 2020 and consists of 272 pages.

In addition, the secondary sources that the researcher used to support the primary sources to add to the researcher's insight were taken from several sources the following journals: Conflicts Both Internal and External to the Main Characters in The Adventure of Huckleberry Finn by Mark Twain (2022). Physical Conflict Analysis in Jon Karakauer's Novel "Into Thin Air" (2021). A Discourse Perspective on Conflict Analysis of a New Main Character (2020).

Data Analysis

After collecting data from several sources, researchers analyzed the data. At this stage there are several steps that researchers use. First, the author read the novel Almond by Sohn Won-Pyung repeatedly with the aim of better understanding the storyline in the novel. After understanding the storyline in the novel, the author chooses the most interesting part in the novel to be used as a research topic.

After finding a topic, the author then begins to develop the research background and problems related to the topic. As reference material in research, the author has looked for previous research that can help the author understand the research topic. Likewise with theories and information related to research topics.

The literary psychology method developed by Sigmund Freud is the one employed by the author in this study. He defines literary psychology as the study of

literature from the perspective of psychology. Sigmund Freud in Fatiwikiningsih, N. (2020) divides the personality structure into 3 parts, namely:

1) The simplest personality system is called id. The id exists in innate instincts. The id contains biological elements including instincts. The id functions as the center of the human subconscious mind.

2) The ego is part of the human subconscious mind. The ego has a function as a channel for the desires of the Id which contains desires and drives.

3) A personality system known as the superego is composed of evaluative norms or values (pertaining to right and wrong)

The final step taken by the author is to answer questions in the formulated problem based on the theory and facts that have been collected and make a conclusion at the end of the discussion.

FINDINGS AND DISCUSSION

Internal Conflict

An internal conflict is one that originates inside a character and needs to be resolved by the character himself. It is a struggle with morals, fate, and wants. Yoonjae, the protagonist of the book Almond, provides inspiration for a portion of the conflict analysis in this book. The Id, Ego, and Superego analysis approach developed by Sigmund Freud is applied.

1. Id

Id is the most basic personality system. The id is in the innate instincts. The id contains biological elements including instincts. The id serves as the center of the unconscious human mind. The id quote in the novel Almond, the main character from Yoonjae, is:

"I feel silent for a while trying to find the words to convince him, But i was too young to have much vocabular, and i couldn't think of anything else true than what i had already said."

" He could die soon."

"All i could do was peat my self." (Almond 2020: 8- 9)

The quote above indicates that there is an id attached to the character Yoonjae. The id in Yoonjae's character appeared naturally, without realizing it, Yoonjae felt worried and wanted to help by telling him that the child from Ajeossi had been hit by someone, so he was seriously injured, but he said without expression, which made the owner of the character not believe Yoonjae's words.

“Every Christmas Eve, we’d eat out to celebrate my birthday. That year, on Christmas Eve, we were getting ready to go out, as usual. It was freezing and damp. The sky was cloudy, and the heavy, moist air seeped into my skin. Why go through all the hassle, it’s just a birthday, i thought my self, but toning up my coat. And i really meant it. We shouldn’t have gone out that day.” (Almond 2020: 48)

The quote above contains an id, it can be seen that Yoonjae felt sorry for celebrating my birthday on Christmas Eve. That day made Yoonjae lose his grandmother and put his mother in a coma for months.

“I wanted to say more and tell her everything that had happened, but where would I begin? Suddenly, my cheeks felt warm. Mom wiped something off my cheeks. Tears were streaming down my face. I cry. And laugh, at the same time. So does Mom”. (Almond 2020: 208)

From the quote above, there is id, it can be seen that Yoonjae felt sad and happy when he saw his mother who had woken up from a coma. His mother had woken up a few days ago and had visited Yoonjae while he was being treated at the hospital. Her mother cried and said that it was impossible for me and Yoonjae's tears didn't feel like they were flowing.

2. Ego

Ego is part of the unconscious human mind. The ego has a function as a channel for the desires of the id which contains desires and encouragement. The ego quote in the novel Almond is:

“A man in white lab coat sits in front of me. Beaming, he starts showing me different toys one by one. Some of them he shakes. Then he taps my knee with a small hammer. My leg swings up higher than I thought possible. He then puts his fingers under my armpits. It tickles, and I giggle a little. Then he takes

out photographs and asks me some questions. One of the pictures I still remember vividly”.

From the quote above, it indicates the presence of ego, it can be seen that Yoonjae gets satisfaction or pleasure without realizing that his calf was kicking like he was playing on a swing when the doctor tapped Yoonjae's knee with a small hammer to examine it.

“As our weird mirror play went on, Gon seemed to be won out. He stooped laughing, and it took longer for him to come up with difficult expressions or motions. I didn't care and kept copying him, down to the pfpfpf sound he made and his subtle eyebrow twitches. My steadfast mimicking seemed to get in the way of his “creative” ideas. (Almond 2020: 103)

From the quote above, it indicates the presence of ego, it can be seen that Yoonjae gets satisfaction or pleasure when he imitates Gon's style, which makes Gon rebel and swipe the food on the table with his hands.

3. Superego

Superego is a personality system that contains evaluative values or rules (concerning good and bad). The superego quote contained in this novel from the character Yoonjae is:

“The reason I bother going through this ritual is not because I like almonds. At every meal of the day, there were almonds on the day, there was no way of getting around them. So I just made up a way to eat them. Mom thought that if I ate a lot of almonds, the almonds inside my head would get bigger. It was one of the very few hopes she clung to”. (Almond 2020: 25)

The quote above contains Yoonjae's character's superego in the sentence “At every meal, there are almonds that day, there's no way around it. So I just made a way to eat it!. There are good moral values, because Yoonjae realizes that it is very boring to eat almonds every day but he always looks for the best way to eat the fruit in order to fulfill his mother's wishes and he doesn't regret doing this..

“Silence was definitely golden. I still habitually said, “Thank you” and “I'm sorry.” They were the magic words that helped me get through most tricky

situations. That was the easy part. As easy as being handed a thousand won and giving back a couple hundred won in change.” (Almond 2020: 35)

The quote above contains the superego of Yoonjae's character in the sentence 'On the contrary, I have to get used to my mouth always saying 'thank you' and 'sorry'. There are good or bad moral values, because Yoonjae is aware and does not regret the risks he takes and bears the consequences.

External Conflict

External conflict is a conflict that occurs between a character and something outside himself, perhaps with the natural environment, perhaps the human environment or other figures (Nurgiyantoro, 2013). External conflict is divided into several types of conflict, namely man vs man, human vs nature, man vs society and man vs fate occurs.

In the novel Almond, the author only gets man vs man type conflict. This form of external conflict occurs when a character struggles against another character.

1. Id

Id is the most basic personality system. The id exists in innate instincts. The id contains biological elements including instincts. The id functions as the center of the human subconscious mind. The id quote included in the external conflict in Almond's novel is:

“You, right? The kid pretending to be me?” I don't need to answer the question. I think Gon has the right to talk like that. “I'm sick of seeing your behavior. “Yeah, even though all this could be entertainment for me.”

Gon smiled sarcastically and got up from his seat. The next day, reality began. (Almonds 2020: 88)

The quote above describes the conflict between Yoonjae and Gon. This conflict has id, it can be seen that Gon feels very angry with Yoonjae because he pretended to be the son of his long lost mother. Yoonjae only did this because Gon's father asked him because at that time Gon's condition made it impossible for him to meet his mother. Gon's words made Yoonjae feel sad but he still understood it.

2. Ego

The ego is part of the human subconscious mind. The ego has a function as a channel for the desires of the id which contains desires and drives. The ego quote in Almond's novel is:

"Hey, how did you feel when you saw your mother die before your eyes?"

"I turned towards the direction the voice appeared. The child had a small body. He often answers the teacher during class time and expects something to happen with his behavior. Children like that are always everywhere.

"My mother is not dead. The one who died was my grandmother."

"When answering, I could hear an "ooh" reaction from his mouth. I looked around and some of the other friends were giggling". (Almond 2020: 68).

The quote above describes the conflict that occurred between Yoonjae and his friends. When Yoonjae headed to class, a child said that many of his friends were curious about him. While he was opening the window suddenly a child screamed until his voice could be heard throughout the hall and said "Hey, how did you feel when you saw your mother die before your eyes?" It can be seen that his friend had an ego when he asked this, which made him feel cool. However, at that time Yoonjae answered his question that it was his grandmother who died and not his mother, hearing this answer the child said "ooh" and his other friends just giggled.

3. Superego

The superego is a psychological framework that includes rules or values for evaluation (about good and negative). The superego quote found in the novel Almond is:

"If only you spoke a little seriously, it wouldn't be too late."

"The policeman next to him said, "A child like that doesn't know anything," then lifted Ajeossi's body, which had almost fallen. I don't agree with what Ajeossi said earlier. I always speak seriously. Even though I never laughed or got excited. I really don't know why I had to accept such a reprimand. However, a 6 year old child like me who couldn't express his doubts could only remain silent in a thousand words." (Almond 2020: 6)

The quote above describes the conflict between Yoonjae and ajeossi. This conflict has a superego, it can be seen when Yoonjae came home from school, his

mother didn't pick him up because she had waited too long so he walked through the alley where there was the shop owner's son who had been beaten by teenagers, when Yoonjae wanted to tell the uncle with a flat expression so the uncle they don't believe it. After a few hours the police came and informed him that his son had died. Then at the police station the shop owner blamed Yoonjae. Even though he had good intentions to help the child, he was blamed for his illness

CONCLUSION AND SUGGESTION

After analyzing the novel *Almond* by Sohn Won Pyung, the author concludes that the internal and external conflicts experienced by the main character in the novel are as follows; (1) internal conflict as feelings experienced by Yoonjae, namely sadness, anger, disappointment, annoyance, regret, surprise, worry, falling in love and surprise. (2) Meanwhile, in the external conflict in this novel, it can be concluded that the main character in the novel is arguing and bullying between Yoonjae and Gon, Yoonjae and Dr. Shim, Yoonjae and Uncle the shop owner, and also Yoonjae and his friends.

Internal and external conflicts also occur in this novel, including Id, Ego, and Superego. The id arises naturally, without any encouragement or instinct. The ego gets momentary pleasure, satisfaction or pleasure by prioritizing only its needs. The superego is moral values, conscious actions without regret and bearing the consequences

After analyzing the novel *Almond* by Sohn Won Pyung, researchers provide recommendations to readers to continue studying literary works, because literary works relate to everything seen in real life. The conflict in *Almond's* novel is a representation of real life conflict. Conflict always exists wherever humans are. Conflict cannot be avoided but humans must face it wisely. Internal conflict teaches how we understand ourselves and external conflict teaches how people can understand others. The author suggests that those who are interested in literary psychology study more deeply the various kinds of character conflicts that the author

has not discovered in Almond's novel and also focus on how to express them with different object.

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