

SELF-RESILIENCE OF LOUISA CLARK AS REFLECTED IN JOJO MOYES' *ME BEFORE YOU* (CHARACTER ANALYSIS)

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Abstract : The purpose of this study is to reveal the self-resilience of Louisa Clark as reflected in Jojo Moyes' *Me Before You*. In this research, the writers employ the qualitative method. Two kinds of sources are used in this research: primary and secondary sources. Moyes' *Me Before You* is the primary source and the secondary sources are academic articles, books, and websites related to the topic. To collect the data, the writers employ the library research technique. The data obtained is analyzed by using the psychological approach. It means that the study is focused on the psychological aspects of Louisa Clark based on her condition and background as reflected in Moyes' *Me Before You* without considering the external factors. The findings show that Louisa Clark demonstrates self-resilience in her thought and actions. Louisa Clark shows her personality by being indulgent and having high self-esteem. They illustrate her self-resilience in her thought. Clark's personal qualities reflects her will and action in facing the obstacles.

Keywords : *Self-resilience, Personality, Character, Jojo Moyes, Me Before You.*

INTRODUCTION

In today's conditions, the world faces various challenges, both universal and individual problems, especially with the development of the era. Everyone is competing to be the best with their respective goals and expectations. People are expected to build a character that is not bored, but a strong and positive character. This trait is often interpreted as self-resilience. Self-resilience is a condition in which a person has a solid life attitude in living his/her life bravely and is not afraid of failure or adversity. His/her life attitude leads him to be a person who never gives up, is not afraid, and dares to take risks.

Every human being in this world has the same right to be treated equally and has the privilege to ask so (Menggalo, Oroh, and Mamentu, 2020). One of the

things which are connected with learning someone's character through literary works is from literature itself which is the reflection of human life whether in society or in their private life. Every phenomenon that is found in the society are usually reflected in the literary works such as poem, novel, drama or short story (Sabudu, 2014). It means that literature is an important part to learn about many things about human itself. It is a reflection of the life activity from people around the world. It is also correlate with the topic of this study when the character analysis become the primary one which will be analyze concerning with the literary works especially novel of *Me Before You* from Jojo Moyes. Futhermore, the literary work is a result of human thought. Appropriate to what we have seen and felt thereby

creating a more interesting work (Dengah, Maru and Lolowang, 2019). More specifically, how Self-resilience is reflected in the character of Louisa Clark who in the novel *Me Before You*.

Louisa Clark is a hardworking village woman who lives in a simple family environment. An ordinary love relationship but does not make Louisa lose her passion in supporting her family and herself. Since her family situation has changed, especially when she finds out her family is burdened with her sister who has to stop working to look after her children and at that time Louisa decided to find a new job to strengthen her family's economy.

Talking about character analysis it is when you evaluate a character's traits, their role in the story, and the conflicts they experience, as stated by Maru (2014) states that "Human's experience in a literary work presents a written story that can be felt and analyzed by many people through reading." The story is not only to entertain but also to give a value of its own to each other. Moreover, the advantages on focusing to character analysis the reader is not only understand the story in that novel but more than this it could be a life reflection and an amazing experience especially when the content of story related to our real life. *Me Before You* also give many lessons to readers especially about love orientation from Will Traynor to Louisa Clark, family belongings of Will and struggle from Louisa from her family and relationship because Sabudu (2020) states that "Literature always reflects about the social and cultural phenomenon that happened in society".

The topic self-resilience is reflected from Louisa in *Me Before You* novel is interested to study not only because this novel give the good messages in human affection, love and struggle, but the important one is about the quality of character of major character especially Louisa in facing many problems from her

relationship, family, new job and with will also, her self-resilience so strong enough until she can overcome many obstacles.

Accordingly, this review talks about the novel composed by Jojo Moyes, entitled *Me Before You*. Novel is one of the fiction expositions. As per Bluestone, novel contains a piece of exposition fictions, which are probable longest. The novel is nonexistent article that incorporate, legend, image and show to satisfy unsurpassed and place. The novel has been a boring tale that is composed by the creator. The writers can be free for composing their minds, their sentiments or their contemplations. In concentrating on a novel, the pursuers would know a few perspectives that form a book.

Self-resilience is portrayed by the capacity to mentally prepare individuals' mind and have a feeling of significance and reason to face and address difficulties inside all parts of people's life. Figuring out how to successfully dominate feelings of anxiety and how to assemble versatility, will make a more good inclination and execution consistently. This shields the cerebrum from the long haul, harming impacts of mistakenly managing pressure.

In particular, assuming we more detail in the personality of flexibility it is alluded to both the capacity to effectively adapt to change, hardship or misfortune (Flach, 1989; Wagnild & Young, 1993; Garnezy, 1996) and the progressively characterized interaction of beating the contrary impacts of hazard insight with positive results (Rutter, 1993; Lightsey, 2006) and staying away from the adverse advancement related with these dangers (Olsson, Bond, Burns, Vella-Broderick, and Sawyer, 2003). Based on the Flach's hypothesis (1989), centered around the "law of interruption and re-mix" as far as the demonstration of "self-destructing" or "being bothered by change," resilience has been considered as the "ability an individual has to recover from distressing and challenging life events with increased

knowledge to adaptively cope with similar adverse situations in the future”; additionally, resilience is made up of the psychological strengths required in order to successfully navigate change. So, if someone has it is resilience in her/his personality means that she/he has Self-resilience which the condition of personality that has the good courageous, self-defense, and kindness for everyone that their facing everyday, overcome many challenges and problems as well as understand to the value of life and life fundamental.

Hence, as indicated by the most popular conceptualization of flexibility, proposed by Wagnild and Young (1993), strength has been characterized as far as "a character trademark that directs the adverse consequences of stress and advances variation" and comprised of the accompanying five parts (esteemed through the initial 25-thing adaptation of the Resilience Scale for Adults):

1. Equanimity, that is, the decent perspective of one's life and encounters;
2. Perseverance, that is the perseverance disregarding misfortune and the readiness to proceed with the battle to reproduce one's life;
3. Self-dependence, that is, the capacity to perceive individual qualities and constraints;
4. Meaningfulness, that is, the agreement that life has a reason and the assessment of one's commitments;
5. Existential aloneness, that is, the mindfulness that every individual's life way is special.

These five parts have been gathered in two focal elements, that is, individual capability (e.g., confidence, autonomy, strength, authority, genius, and tirelessness) and acknowledgment of self and life (e.g., versatility, adaptability, and adjusted viewpoint of life). All the more as of late, based on Hurtes and Allen's methodology (2001) and as indicated by

our amended factorial model of strength (De Caroli & Sagone, 2014), profoundly versatile people attempt to sort out things they don't get (commitment), to manage the outcomes of their activities and can change their conduct to coordinate with them with the circumstance (flexibility), will in general keep away from circumstances where they could cause problems and gain from their mix-ups (control), are probably going to realize they are acceptable at something (skill), and will in general search for the "more brilliant side" of intense circumstances and to oversee pressure with awareness of what's actually funny (comical inclination).

The characteristic of self-resilience is reflected from self-adequacy is characterized as the arrangement of "individuals' decisions of their capacities to put together and execute blueprints needed to achieve assigned sorts of exhibitions" (Bandura, 1986, p.391), according to three primary measurements: level, strength, and over-simplification. sense someone else's sentiments and need for passionate help, to encounter feelings according to someone else's viewpoint, and to be delicate to what one's activities mean for others' sentiments (that is, unequivocal self-adequacy), to the apparent capacity to take care of and adapt to issues in an inventive and creative manner (that is, self-viability in critical thinking), and to the conviction around one's capacity to conquer the errands in school-setting (that is, self-adequacy in academic execution).

RESEARCH METHOD

In this research the writer used qualitative method in analyzing the novel. Based on Bogdan and Biklen (1982:27): "Qualitative research has the natural setting as the direct source of the data and the researcher is key instrument". Thus, the writers take some data from book source that have a related with the topic, and the writer make in qualitative research.

The Writer used two kinds of sources in collecting the data in this research. That is primary source and secondary sources. Novel *Me Before You* by Jojo Moyes is the primary source and the others related studies, which have relation with the story to support the writer to completing the data, is secondary source. Library research is employed to collect the data.

In conducting the analysis of this study, the writers use psychological analysis. In analyze the data, the researchers use psychological approach. It means that the study was focused on psychology from Louisa Clark based on her condition and background looks in the novel *Me Before You* by Jojo Moyes without considering the external factors. In this case, the psychology of the implementation approach in this study is aimed at the inner problem of the character and how she handles her problem by showing self-resilience, which led to her being charged with self-fundamental and how she can overcome her problems and challenges. The writers follow some steps in conducting this research:

1. Reading and understanding the novel
2. Collection and selection the sources of data related to the topic
3. Writing important things related to the topic
4. Analyzing the data
5. Making Conclusions.

FINDINGS AND DISCUSSION

The researchers take this *Me Before You* novel as the object of study to analyze the Self-resilience used by Jojo Moyes after reading the novel at glance. So, the researchers will analyze literature aspect, specifically characterization and psychological sides. This study will conduct meaningful analysis about self-resilience consist which reflected from the major character in this novel Louisa Clark.

Being Indulgent

Indulgent is allowing someone have or do what they want, especially when this is not good for them. Arranged or inclined to enjoy, humor, delight, or give approach to some's own cravings, and so forth, or to be consistent, merciful, or forgoing; appearing or prepared to show favor; positive; incapacitated to be serious or brutal, or to practice important limitation: as, a liberal parent; to be liberal to workers. This is happened to Louisa Clark who shows her liberal disposition through different perspectives that are told through the creator's perspective Jojo Moyes in putting Louisa's situation as a full lady of persistence in carrying on with her life as a kid in a straightforward family.

Lastly Louisa filled in as a servant in a rich man's home in her town and dealt with a totally incapacitated due man to a twisted mishap that came to pass for him, he was Will Traynor. After the mishap he encountered, at first Will would not like to manage individuals around him, even with the associate employed by his mom, named Louisa. Will rejects Lou and attempts to cause Lou to feel awkward, very much like different collaborators previously, who quit this place of employment.

"Would you like me to make you some tea?" I said, at last, when the quietness became insufferable. "Ok. Indeed. The young lady who makes tea professionally. I thought about how long it would be before you needed to flaunt your abilities. No. No, bless your heart." "Espresso, then, at that point?" "Not hot drink for me, seconds ago, Miss Clark." "You can call me Lou." "Will it help?" I squinted, my mouth opening momentarily. I shut it. Father consistently said it made me look more moronic than I really was. "Well... would i be able to make you anything?" He went to take a gander at me. His jaw was canvassed in a little while of stubble, and his eyes were incomprehensible. He dismissed. "I'll "

I cast around the room. "I'll check whether there's any washing, then, at that point." (Moyes, 2012: 79)

The citation above shows how Will consistently has pessimistic thinking to individuals who are being great to him. He rejects all that Louisa offers to him inconsiderately, in the event that to make Lou quit being care to him. The citation above shows the Louisa's type of tolerance is her pity for Will and her anxiety for individuals who have conditions like Will.

Louisa plays a significant part in dealing with Will who she considers as the individual who assists him with giving the work, Louisa is so persistent to serve Will during the slump that the two of them have sensations of common love for one another, yet Will decides to take his life and he needs to acknowledge that she needed to forfeit her adoration for Lou. The young lady who had transformed him, who was the main motivation behind why he woke up each day.

"You're not allowing me an opportunity." "It's anything but an issue of allowing you an opportunity. I've watched you these a half year turning into something else altogether, somebody who is just barely starting to see her prospects. You have no clue about how glad that has made me. I don't need you to be attached to me, to my emergency clinic arrangements, to the limitations on my life. I don't need you to pass up every one of the things another person could give you. What's more, egotistically, I don't need you to check out me one day and feel even the smallest piece of disappointment or pity that" "I could never believe that!" "You don't have a clue, Clark. You have no clue about how this would work out. You have no clue about how you're going to feel even a half year from now. Also, I would prefer not to check out you consistently, to see you stripped, to watch you meandering around the annexe in your insane dresses and not... not have the option to do what I need with you. Gracious, Clark, in the event that you knew what I need to do to you at the present time. What's more, I... I can't

live with that information. I can't. It's not who I am. I can't be the sort of man who just... acknowledges." He looked down at his seat, his voice breaking. "I won't ever acknowledge this" (Moyes, 2012: 746)

"Please accept my apologies. It's adequately not." I brought down his hand. "I don't comprehend." He held up before he talked, as though he were battling, for once, to track down the right words. "It's insufficient for me. This my reality even with you in it. Furthermore, trust me, Clark, my entire life has improved since you came. Yet, it's insufficient for me. It's not the existence that I need." Now it was my chance to pull away. "The thing is, I get that this could be a decent life. I get that with you around, maybe it very well may be even an excellent life. In any case, it's not my life. I'm not as old as individuals you address. It's not at all like the existence I need. Way off the mark." His voice was ending, broken. His demeanor terrified me." (Moyes, 2012: 743)

The citation above shows the amount Will needs to take his life, despite the fact that how often Louisa attempts to empower and causes Will to accept that he actually has a superior life. There is no decent human instinct. It was through this period that Louisa's liberal was tried, she kept on speculation decidedly to find all answers for direct Will's mentality to more readily proceed with his existence with Louisa who might consistently be close by instead of deciding to end it all.

High Self-Esteem

Confidence impacts human dynamic interaction, for connections, enthusiastic wellbeing, and in general prosperity. It likewise impacts inspiration, as individuals with a solid, good perspective on themselves comprehend their latent capacity and may feel motivated to take on new difficulties. Will consistently drives Louisa away with his words, which resemble sword that continually harming Louisa. For so often Louisa attempts to have a decent discussion with Will and attempts to make a theme that can be

examined together. However, all that Lou doing is never right in Will's perspective. Will would show his appearance of distress by continually expressing that what Louisa is saying is unuseful and won't make him in a superior condition.

Through this we can see the confidence that has consistently been a piece of Louisa to attempt to do her obligations as a server a task as well as she believes she has an obligation and is troubled to give a good and alluring impression to Will behind the impediments of Louisa who is bashful and once in a while improper in dress, yet consistently an interesting incentive for Will to be engaged, Louisa never felt hurt or overlooked in light of the fact that she felt Will was without a doubt in a momentary circumstance.

"In the early evening I would put a film on Will had a participation of DVD club and new movies showed up by post each day however he never welcomed me to watch with him, so I'd normally proceed to sit in the kitchen or in spare room. I began getting a book or magazine, yet I felt strangely remorseful not really working, and I would never entirely focus on the words." (Moyes, 2012: 99).

From the words expressed by Louisa, show how Will decides to detach himself by busying himself with something not includes another person, such watching films or paying attention to music. Will consistently makes Louisa down with his terrible mentality, and Louisa feels that Will abhor her since everything she does is never right in his viewpoint. It is reflected from Louisa's discussion with Treena, her sister.

"Treen, he despises me. He sees me like I'm something the feline hauled in. What's more, he doesn't drink tea. I'm stowing away from him." "I can't completely accept that I'm hearing this." "What?" "Simply converse with him, for the love of God. Obviously he's hopeless. He's caught in a wicked wheelchair. Also, you're likely being pointless. Simply converse with him."

Get to know him. What's the most terrible that can occur?" "I don't know... I don't know whether I can stick it." "I'm not telling Mum you're surrendering your work after a large portion of a day. They will not give you any advantages, Lou. You can't do this. We can't bear for you to do this." (Moyes, 2012: 124)

From the discussion above shows Will's stubbornness makes Louisa nearly quit any pretense of being Will's aide. Louisa's battle to get to realize him further is exceptionally hard thing. Will's hopeless demeanor is presumably brought about by his condition which isn't just barely matter of being caught in wheelchair, and of the deficiency of actual opportunity, yet in addition an endless reiteration of insults and medical issues, of dangers and inconvenience.

"Be that as it may, goodness Lord, he was despicable to me. All that I said, he had sharp response for. If I inquired as to whether he was adequately warm, he would answer that he was very fit for informing me as to whether he really wanted another cover. If I inquired as to whether the vacuum cleaner was excessively loud for him I hadn't had any desire to intrude on his film he asked me for what reason, had I worked out a way of making it run quietly? At the point when I took care of him, he grumbled that the food was excessively hot or excessively cold, or that I had brought the following forkful up to his mouth before he had completed the last. He been able to curve nearly anything I said or did as such that I appeared to be inept." (Moyes, 2012: 108)

Through this circuitous discussion about Lou shows that Will's disposition is truly what makes Lou extremely agitated. Lou truly needs to feel frustrated about Will's condition, however Will himself is truly irritating and never liked how Lou is attempting to help him, which is simply to improve him and agreeable. Not exclusively to Lou, Will is additionally decides to drive every one individuals from him, including his companions and sweetheart. Will despises himself after

mishap, he attempts to deny the truth. One of those individuals is Rupert, who was Will's dearest companion working, they were so close before Will's mishap occurred. For a considerable length of time, Rupert was attempting to help Will by visiting him, rousing him, however everything Will does is just driving him away from his life. Will imagines that everyone individuals who attempted to draw nearer to him after he becomes quadriplegic just feels frustrated about him.

Personal Qualities

Individual characteristics are the characteristics, properties or character ascribes of an individual. Occasions of individual credits consolidate being clear, having a reasonable of humor or being solid. For her characters, the creator portrays that Louisa is a candid lady who likes to offer her viewpoint straightforwardly, "My dad considers me a 'character', since I will in general say the principal thing that flies into my head" (Moyes, 2012: 22). Aside from her characters, Louisa is a 26-year-old young lady who has great desire for garments. She doesn't prefer to dress like some other lady in her age.

"My mom calls me 'person' which is her affable method of not exactly understanding the manner in which I dress. However, aside from a short period in my adolescents, I never needed to look like Treena, or some other young ladies school; I favored young men's garments till I was around fourteen, and presently tend to please myself depending on what disposition I am in on the day. There's no point me attempting to look regular" (Moyes, 2012: 22).

CONCLUSION

Self-resilience as reflected from Louisa Clark in Jojo Moyes Me Before You by this analysis is not only the requirements for importance in academic qualification, but it will also could be the part of lesson of each readers and especially the writers in order to more understand the personality

of human, characteristics and also how somebody facing the difficulties, problems and overcome the problems through good mindset and constructive taught. Moreover, the research of Self-resilience from Louisa Clark giving us many insights with the several evidence that proof her self-resilience such as: Being indulgent, high self-esteem, and personal qualities of Louisa Clark as the power of her action in facing the obstacles.

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