

THE ANALYSIS OF THE MAIN CHARACTER'S QUARTER-LIFE CRISIS FROM THE MOVIE "SOUL" BY PETE DOCTER

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Abstract : The Analysis of the Main Character's Quarter-Life Crisis from the Movie "Soul" by Pete Docter Rianna Jona Sumampouw Elisabet Natalia Umbas Abstract The presence of the film "Soul" by Pete Docter has been momentous for the portrayal of the quarter life crisis. Disney Pixar definitely had an impact on the perceptions of those who had gone through that phase. The purpose of this study is to dig deeper into how we can understand what Pete Docter wants to convey a message of not only achieving one's dream but also feeling you lost a part of yourself. Besides that, it also demonstrates how humans tend to forget the good people that helped them achieved their dream resulting them in being selfish and visualizes an interesting way of quarter life crisis that could clear up some doubts of the afterlife. It will shed light on the science and reasons behind such influence in their personal lives and determine how they view the characters who are facing a quarter life crisis. In turn, conceptualizing the level of care in understanding characters will help gain a better understanding of how the film industry can work and the role it plays in sending messages to its audiences is beneficial. In doing this research, the researcher used qualitative method and collected the data by watching the movie "Soul" to analyze the main character's quarter-life crisis. Some of the data has been taken from internet and books. Based on the analysis in the previous chapter, the researcher would like to conclude on how to solve the quarter life crisis from the hit Pixar movie "Soul" by Pete Docter. The exploration and development of Joe's character did not feel forced because Joe is portrayed as an ordinary man who is learning to live, the audience can most definitely relate to this experience. The story that focuses on Joe's character who is depicted as flat has an interesting balance as the character named 22 adds a bit of flavor to the storyline, giving it a contradictory flavor. The characters Joe Gardner and 22 offer important advice to those who are still confused on their purpose of life. In addition, the director and scriptwriter Peter Docter seemed to want to invite the audience to participate in questioning the purpose of life through scene by scene. It may seem simple, but it's actually very meaningful.

Keywords : *quarter life crisis, main character, analysis.*

1. INTRODUCTION

Literature is based on human experience that can be shown as dramatic, existential and sometimes playful through art. According to Mursal Esten (1978:9) "Sastra adalah pengungkapan dari fakta artistik dan imajinatif sebagai manifestasi kehidupan manusia dan masyarakat umumnya, melalui

bahasa sebagai medium dan memiliki efek positif terhadap kehidupan manusia." it means that literary work is the representation of human life. Literature can be shown in many different things such as poetry, drama, novel, and film.

The Film is a medium that conveys a message to the audience. Therefore, movies

have a lot of influences on the people who watch them because in general, the film is the world of entertainment as a means of learning and information through sounds and pictures. Films often have strong moral themes within them, which can be drawn from the director's own life experiences. The thing that really impacts the audience from the movie itself is about the characterization which is very touching because according to the audience they can feel what the character is feeling.

Film "Soul" was produced by Pixar Animation Studios for Walt Disney Pictures and distributed by Walt Disney Studios Motion Pictures. The film was directed by Pete Docter, it has a fantasy comedy-drama film genre. It is an animated film about Joe Gardner as a middle school band teacher who is in love with Jazz music. He received an offer from a friend to play jazz music at the gig but all of the sudden he was splashed into a ditch and then his body and his soul separated after that Joe Gardner's body fell to The Great Beyond, a natural place for deceased souls. Joe Gardner has to jump down to a giant hole that takes him away from their body and mortal life but he was running away and then jump into The Great Before, it's a pre-existence place of life where new born souls get their personalities and interests before going to the Earth. There he meets 22, an unborn soul who doesn't want to go to Earth. Joe Gardner asked 22 to do a favor to return his soul back to his body which was then agreed by 22. While they are on the journey to the Earth, there are a lot of scenes where the character shows about the feeling lost, uninspired, having existential crisis and quarter life crisis.

The researcher analyzes the film Soul from a psychological point of view. The main character itself shows the signs of quarter-life crisis, quarter-life crisis is a time when someone begins to question their life. This period is the peak of a person's maturity, people begin to think what they have been done before, what they has gained, and how is life will be in the future. In this period of time they have an argument with themselves and always feeling insecure, anxiety, loss of motivation, the fear of failure and confusion regarding to the future. According to Robbins and Wilner (2001) quarter-life crisis is a phenomenon that has become

widely discussed in the media and in popular writings about the challenges of early adulthood. Pete Docter as the director shows about in the middle of quarter life crisis, finding life purposes and our own roles in life, the movie Soul really came like a help.

This film has many moral values on how to finding ourselves through quarter-life crisis during this time. For this reason, researcher did a research about analyzing the main character's quarter-life crisis from the movie "Soul" by Pete Docter.

A. Research Focus

This research focuses on analyzing the main character's quarter life crisis in the movie Soul by Pete Docter.

B. Research Questions

1. When is the quarter-life crisis shown by the main character?
2. How are the signs of quarter-life crisis by the main character?
3. How to solve quarter-life crisis based on the movie Soul by Pete Docter?

C. Purposes of Research

1. To find out when the quarter-life crisis is being shown by the main character
2. To describe the signs of the quarter-life crisis by the main character.
3. To comprehend how to solve the quarter-life crisis based on the movie Soul by Pete Docter.

D. Significances of Research

Theoretically: The researcher intended to enrich the scientific knowledge literature, especially in film. Practically: The researcher hopes this film could be used as a reference for any student who want to study about literature especially film.

2. THEORETICAL REVIEW

A. Definition of Literature

According to Damono (1979:1), "Literature is a social institution that uses language as a medium. Language itself is a social creation. Literature presents a picture of life, and life itself is a social reality." Literature is an example of real life that is developed into an art to be displayed or read. As an example of how humans live in this world which can be based on the life and imagination of the author. A literature developed in the imagination of the author produces so many unexpected works. It is likely that viewers feel that what they watch or read corresponds to their own lives. That is the attraction of literary works. Literature is essence of living. As a moral a lesson for literary connoisseurs.

According to Fananie (2000:6), "Literature is a work of fiction which is a creation based on spontaneous emotional outbursts capable of expressing the ability of a good beauty aspect based on linguistic and meaningful aspects."

Referring to the the statement above, the researcher can conclude that according to each expert, humans use literature as a disclosure of aspects of life from the experience of the author as well as in imagination.

Basically, literary works are very beneficial for life because literary can provide awareness to readers about the truth of life, even though they are depicted in the form of fiction. Literary works can provide joy and inner satisfaction and this entertainment is a type of intellectual and spiritual. Literary can also be used as an experience to work because anyone can pour their heart and mind into writing that has artistic value.

B. Definition of Film

According to Collins Dictionary, a film consists of moving pictures that have been recorded so that they can be shown in a theatre or on television. A film tells a story, or shows a real situation. Art elements that exist and support a film include fine arts, photography, architectural art, dance, literary poetry, theater, music, pantomime art and novels.

Film aims to entertain all ages. People may think of watching films as an

entertainment. But in reality, films have many uses as educational media, culture, and also moral messages for human life.

C. Literature Psychology

When movie connoisseurs watch a literary work they have the aim of appreciating or providing a review of these works. This means that they focus their attention on the character and behavior related to psychological experiences as experienced by humans in real life.

Psychology and Literature are two different kinds of knowledge, but they have many connections.

According to Jatman (in Endraswara 2010:97), "Psychology and Literature have a functional relationship, because they both study the mental state of others, the difference is that in psychology the symptoms are real, whereas in literature these symptoms are imaginative."

According to Kinayati (2006: 241), "Literary psychology is a literary study that views works as psychological activities. Authors will use copyright, taste, and work in their work. Likewise, readers, in responding to the work, they will not forget their respective souls."

From the description above, it can be stated that literary psychology has an important understanding in literature. Literature is an interesting material to analyze because it involves the character and personality of the character, writers and connoisseurs of literature.

D. Quarter-Life Crisis

Becoming an adult is a must for everyone because we cannot hold back the running time. Not infrequently, on the way to adulthood, crises often arise in oneself. Therefore, what we can do is prepare ourselves well for the time of maturity. Namely by recognizing what a quarter-life crisis is.

In the quarter-life crisis phase, many questions will arise in your mind "What is my purpose living in this world?" one of these questions will be the daily breakfast. In this case the question about the crisis in

your self becomes more and more, "What is the purpose of living in this world is it just to please myself or others?"

Things like that are very natural, because the maturation process is very vulnerable to experiencing self-crisis. As according to Fischer (2008), quarter-life crisis is a feeling of worry that is present over the uncertainty of future life around relationships, careers and social life that occurs around the age of twenties. The quarter-life crisis can be said to be a process of finding identity, moreover, this impact can be more influential during a pandemic like this because of feeling uncomfortable, lonely, fear of the future and depression.

However, the quarter-life crisis is a process that we must go through and face. In this matter, to prepare for it, we must recognize what are the signs of someone experiencing a quarter-life crisis:

1. Questioning about the future

This often appears in us what we should do in the future. Usually in this case often come in the minds of final semester students.

2. The feeling of difficult to determine whether to live life according to one's own desires or according to the demands of family and society.

This thought can arise because we are aware that we are not happy in carrying out the routine that we have to do. Usually occurs because of demands from parents, for example in choosing a college major. You still force yourself to do studies that are actually open to passion to live, but because you want to please your parents and family, this is still done.

3. Feeling inferior to friends

This often happens in social media life. For example, when we see a friend's post on Facebook who posts about his success in life. Usually, we feel inferior because at the same time there is no achievement that can be achieved.

4. Realize that things don't always go perfectly.

When we were little, we always thought it was fun to be adults. Even though we should be aware that when moving toward maturity, things that happen in life are not always perfect, there must be twists and turns that must be passed.

5. Not happy with the achievements you got.

When you have achieved something you really want, you are still not .

6. Relationships.

Love issues will have no end to talk about. Relationships do not always lead to happiness. It could be that we had a relationship with someone 5 years we suddenly broke up halfway. This hurt feeling triggers a quarter-life crisis because you don't have the motivation to live the next life or you are afraid to start a new relationship.

This phase is not something we can take lightly. However, we must be prepared to face it because otherwise this crisis in ourselves can turn into depression. The following are ways to deal with the quarter-life crisis, including:

1. Learning how to love your self.

The process of loving yourself is not as easy as turning your hand. Starting from forgiving yourself, everyone will definitely be faced with a situation where he made a big mistake or did something that he regrets for a lifetime. Often we think that this should not be the case. Even if we could turn the clock back, we would advise ourselves not to make mistakes. Without us knowing it, the mistakes we have made are the most valuable experiences in us. In other words, the way to deal with it is to forgive your self.

2. Not running away from reality.

The wheel keeps turning and even in life we will lose some of the things we had before. In this phase is a sign that we must be responsible with ourselves. There will be times when we have to face challenges that may exceed our own limits, but these challenges will make us more mature to face them and also better understand what life means.

3. Gratitude.

To be grateful for what we have will make ourselves calmer in life does not mean we only enjoy what we have. But trying to make what we have is also useful. Sometimes humans only see things in one side. Everyone must have their own test. So being grateful for our situation will make us more courageous and calm in facing life.

4. Realizing that in this life people will come and go.

There are times when we always hope that someone will always be by our side forever. Because we always feel that we find happiness in that person we don't want to be left out. In fact, we never know when they will suddenly leave us for various reasons without reasons. Therefore we must be aware that people come to our lives and come and go. Remember, everyone present in that life is not without a reason. There is meaning and lessons behind it all.

3. RESEARCH METODOLOGY

A. Method and Reason

In doing this research, the researcher used qualitative method. According to Saryono (2010), "Qualitative research is a research that uses to investigate, to find, to describe, and to explain the quality or features of social influences that cannot be explained, measured or described through a quantitative approach." Based on Saryono's explanation so this qualitative method is suitable for this research.

B. Technique of Data Collection

The researcher collected the data by watching the movie "Soul" to analyze the main character's quarter-life crisis. Some of the data has been taken from internet and books.

C. Kind and Sources of Data

1. Primary Data : The data has been taken from the movie by watching movie.

2. Secondary Data : The data has been taken from the internet and books that related to literature and movie.

D. Data Analysis

In this discussion, the researcher used the technique of the data analysis according to the qualitative approach as explained in Saryono (2010), as follows:

1. Data Reduction

The researcher summarized the things that are main and in accordance with the research objectives.

2. Data Display

The researcher presented the data in the form of a brief and clear description.

3. Data Verification

In this step, the researcher ensured the data to be analyzed.

4. RESEARCH RESULTS AND ANALYSIS

A. Main Characters

The main character is the character who dominates the whole story and takes the most time from the narrator. After the writer watched and analyzed the film, the researcher found two main characters.

1. **Joe Gardner**, he is a man who believes he was born to playing jazz. Joe Gardner is the main protagonist. As a middle-school band teacher with his passion in playing jazz, Joe believes he was born to play professionally even though he's 46 years old. He knew his capability to

playing jazz is good and believe that one day he will get the opportunity to play gig will come any day. Joe has an encyclopedic knowledge of the history of jazz, and even if his passion for music may have hampered his social life over the years, it hasn't stifled his confidence. He lives alone, immersing himself in what he loves most: music. That is, until one unexpected thing happened and sends him into the cosmic realm where he finds "You Seminar" and is forced to think again about what his life is like.

2. **22** With a snarky and cynical attitude. 22 is the 22nd soul ever created. She has spent hundreds of years at the "You Seminar" where new souls must meet several requirements before going to earth. Through the "Personality Pavilions", 22 is a form of soul that is quick wit and sarcasm although sometimes moody. She actually had fulfilled all the requirements to come to earth except for one. No matter how many visits she made in the "Hall of Everything" and also how many prominent figures had mentored her, 22 still hadn't found the spark she needed as a prerequisite for getting to earth. Yet 22 didn't really care because she wasn't really interested in life on Earth. The only thing known about 22 is that she had spent thousands of years in the "Great Before", and the number of years she spent there resulted in a different view of life in "The Land of the Living".

1. Finding and describing quarter-life crisis is being shown by the main characters

[02:57 – 03:30]

Principal Arroyo: No more part-time for you. You're now our full-time band teacher. Job security. Medical insurance. Pension.

Joe Gardner: Wow. That's, uh, great.

Description of the analysis:

Joe Gardner, who used to be a part-time band teacher, was finally accepted as a

full-time band teacher. But Joe felt that he could not do the job because from the bottom of his heart he still wanted to pursue his dream as a jazz musician. Joe's nervousness showed that he was confused himself. Should he live his life as a full-time band teacher or continue to pursue his dream as a jazz musician.

[09:20 – 11:50]

Joe Gardner: [to himself] This can't happen. I'm not dyin' today. Not when my life just started.

Description of the analysis:

Joe Gardner had an unlucky day on the day he was accepted for a gig with Dorothea Williams. Confident he missed death on the way back home, he takes a step forward and falls right into a manhole. He lands into the darkness place, then he notices his hands and feet are different, he's now a luminous soul. When he was trying to find his way to go back to his own body he noticed A Giant White Light in the near distance, The Great Beyond. The Great Beyond as in beyond life. Joe couldn't believe he was dead and had to bury his dream on the day he had been waiting for.

[23:06 – 24:45]

Joe Gardner: My life was meaningless.

Description of the analysis:

Failed to escape from The Great Beyond. Joe's soul is currently at You Seminar. He's not dead yet but his body's in a holding pattern. Tried to find a way to return to earth but failed. Joe sees the opportunity to go to earth is to get an earth badge by becoming a mentor. He went to the Hall of Everything where all new souls are given unique and individual personalities. It was there that Joe met soul number 22 as a mentor who would prepare 22 for Earth.

22 and Joe find themselves standing in The Hall of Joe. As they keep walking through Joe's life past holograms. They come to a hologram of Joe in a hospital bed unconscious. This is the current state of his body after the fall. Still alive but soulless. It's a sad end for him to look at his past because it was all 'meaningless'.

[29:23 – 29:45]

22: Joe, I have been here for who knows how long, and I've never seen anything that's made me want to live. And then, you come along. Your life is sad and pathetic. And you're working so hard to get back to it.

Description of the analysis:

After 22 saw Joe's life past holograms. There is an urge in him to help Joe return to earth by changing his badge to an Earth Pass. Even for 22 Earth is boring. According to the author, 22 already feel in the comfort zone. Being at You Seminar means being away from problems and the earth is where the problems come from. [33:35 – 33:55]

Joe Gardner: So many of them. Sad.

Moonwind: You know, lost souls are not that different from those in the zone. Joe Gardner: What?

Moonwind: The zone is enjoyable, but when that joy becomes an obsession, one becomes disconnected from life.

Description of the analysis:

Joe and 22 met Moonwind, the mystics without borders. Devoted to helping the lost souls of Earth find their way. In this scene the lost souls are the people who just can't let go of their own anxieties and obsessions, leaving them lost and disconnected from life.

[58:34 – 58:41]

Joe Gardner: My mom doesn't know anything about the gig, and I wanna keep it that way, okay?

22: Right, because she thinks you're a failure.

Description of the analysis:

When soul 22 resides in Joe Gardner's body. 22 can feel and also know what's in his mind. Joe often overthinks about his life.

[1:12:25 – 1:12:32]

22: I'm no good. I got no purpose. No purpose. No purpose.

Description of the analysis:

22 managed to get his Earth Pass which means she has found the spark and is ready to live on earth. But to Joe it wasn't fair to him because he thought he found the 'spark' just because she was in Joe's body.

Joe Gardner: [sighs] Come on, 22. Think about it. You hated music until you were in my body. You hated everything until you were me. [He turns to walk away whence 22 stews.] Hmph, I hope you enjoy it. Uh...

Joe's words made 22 feel that her life had no meaning and purpose in life which made her often question about existence. This triggers a quarter life crisis. The question that always arises in a person's mind when someone loses confidence to live life.

[1:16:02 – [1:16:17]

Dorothea: What's wrong, Teach?

Joe Gardner: It's just I've been waiting on this day for my entire life. I thought I'd feel different.

Description of the analysis:

Joe Gardner achieved his purpose of playing jazz with Dorothea Williams. For him he lives to play and nothing can stop him from achieving that dream. But after the performances that he had been waiting for his entire life. He was confused. Has he lived a life of his own purposes? If so why when everything he wanted has been achieved feels empty?

2. Solving quarter life crisis based on the movie Soul by Pete Docter

[47:10 – 48:28]

22: Wow. You really love this.

Connie: Yeah. So, maybe I'd better stick with it?

22: Yeah.

22 hangs with Connie Joe Gardner's student, initially Connie loses confidence in playing the trombone and intends to return his instrument to Joe. Connie points out that her self-confidence has decreased and she has lost her way to playing music. But after she played his last solo in front of 22. She knew that from that she really likes to play the trombone.

22: So, Connie came here to quit, but then she didn't.

Joe Gardner: Because she loves to play. She might say she hates everything, but trombone is her thing. She's good at it.

Joe Gardner knew Connie loved the trombone. In understanding the current phase of the quarter life crisis, Connie knew she had to find people who could support her to keep playing trombone. Because being around people who can support the dreams and ideals could also be a way to deal with quarter life crisis. Look for people who share your interests, or people who can inspire and make you a better person. That way, you will not feel alone in living life. [51:52 – 55:20]

22: And another thing, they say you're born to do something, but how do you figure out what that thing is? I mean, what if you pick up the wrong thing? Or somebody else's thing, you know? Then you're stuck.

Dez: I wouldn't call myself stuck, but I never planned on cuttin' heads for a livin'.

22: Wait, but you were born to be a barber, weren't you?

Dez: I wanted to be a veterinarian.

[Joe looks at Dez, surprised by this.]

22: So, why didn't you do that?

Dez: I was plannin' to when I got out of the Navy. Then my daughter got sick, [chuckles] and barber school is a lot cheaper than veterinarian school.

From the dialogue above, there is a parable about the quarter life crisis faced by Dez, a barber who is also an old friend of Joe Gardner. At that moment the soul of Joe Gardner in a cat listened to the conversation with 22 who was then in Joe Gardner's body. 22 and Dez exchange stories with each other. Dez, has a life goal that initially wanted to be a veterinarian but he knew it couldn't be achieved because his daughter was sick. Dez's way to solve this problem is to choose to become a barber even though his life purpose must change. Dez still does it with pleasure he turns his doubts into useful actions starting with small things because he knows being a barber doesn't mean he can't be happy.

22: Huh. How come we, um, never talked about your life before?

Dez: You never asked. But I'm glad you did this time.

Joe Gardner never knew what Dez went through in his life because they never exchanged stories like 22 did. Dez is an example that one way to overcome this phase quarter life crisis is to share problems with other people and continue to carry out your responsibilities at work. All things will not be difficult to run if done with pleasure.

[1:16:02 – [1:16:17]

Dorothea: I heard this story about a fish. He swims up to this older fish and says, "I'm trying to find this thing they call the ocean." "The ocean?" says the older fish. "That's what you're in right now." "This?" says the young fish. "This is water. "What I want is the ocean."

[Joe watches her go, alone and confused]

The meaning of the fish story by what Dorothea tells him is we all spend a lot of time searching for meaning and purpose in our lives, but usually thing we are searching for is right in front of us. Reaching a goal won't always make us happy. We can find happiness wherever we are today.

The writer gets that, Joe Gardner's life purpose is very selfish to make his dreams come true, he just wants to play jazz for the rest of his life. Dorothea Williams'

words were enough to make him think clearly after what he had been through. He knew he was wrong and was very selfish without thinking of others. With the quarter life crisis experienced by Joe Gardner, one thing we need to realize is, nothing is perfect in this world. Every now and then, let things go as they are without needing to speed up or slow down. Live patiently, calmly, and carefully. If necessary, share more with others so that they can help us to know the progress we have made.

[1:17:01 – 1:20:45]

When Joe comes home to his apartment. He walks into the empty silence. He turns on a dim lamp and sits down at the piano. A crunch of stuff in his pocket gets his attention. He pulls out the things 22 "found": a pizza crust, a bagel, a lollipop, a spool of thread, and a helicopter seed. This is 22's memory. Back at his piano, Joe scoops the objects and places them on the music ledge of the piano, studying them. Joe smiles as other memories start to flow, Then deeper memories of Joe's life emerge. The memories overwhelm Joe as he continues to play. He smiles as tears fall. Slowly his perspective alters, lifting out of himself, out of the city, off the Earth, and into the cosmos.

From this scene we realize that there are some things that should be changed in life, but we do not know what and how to get started. This situation will make us feel confused and often feel lonely.

When Joe Gardner experiences a quarter life crisis in this scene, he is seen contemplating and flashback what he has done. The writer gets that, When you are stuck in a quarter life crisis, You may tend to overlook the pleasures you actually have. In fact, to achieve goals in life, you need to respect and love yourself first.

So start paying attention to your needs, what you like, what you are comfortable with, and what you are trying to do. Then, realize them one by one passion your starting small first. Without you knowing it, these little things will make your life more enjoyable. Do what has become your passion like Joe Gardner did by playing the piano.

[1:24:40 - 1:28:30]

22 experiences a quarter life crisis where she feels she is not good enough for others even herself, Joe understands how she feels. The writer gets that someone who feel in this phase need support from others

and there must also be encouragement from ourselves with motivation. Motivation can be obtained from anywhere, whether from friends, books, movies or joining the community. By gathering with friends who are positive and have enthusiasm and a social spirit, you will be encouraged to move forward and not fall into an emotional crisis in your quarter life crisis phase.

[1:29:50 – 1:30:07]

Counselor Jerry A: So what do you think you'll do? How are you gonna spend your life? [He thinks for a moment.]

Joe Gardner: I'm not sure. [He smiles as he looks around, taking in the glorious chaos of it all.] But I do know... I'm going to live every minute of it.

When Joe gave his 22 Earth Pass, and accepted the fact that meant he had to die. He's fine with that, because he realizes he has lived this long, even without his dream job but Joe has received a meaningful life lesson. But he is therefore given a second chance at life by Counselor Jerry A. Although he's not sure what he will do with his life, he knows he will live every minute of it.

In this last scene, the way to deal with the quarter life crisis phase is to make peace with yourself. Humans already have their share of sustenance and success. It all depends on the effort and consistency in achieving it. The process and time period for achieving it are also different, because everyone has their own timeline of life.

You are not a perfect human being, but a human who is trying to be better for yourself and trying various options for the best results. If it's not time to succeed, then be patient. Being patient does not mean giving up, but letting and allowing yourself to do the best you can and expect the best results.

Avoid thinking about "what ifs", because it will only make you regret the decisions you have made. The past cannot be changed, focus on the present and the future. Make the past to be reflected and evaluated, so you can make peace with yourself.

B. Discussion

The researcher focuses on explaining quarter life crisis, Joe Gardner and 22 is the representation of the people who have been through this phase. Joe's journey through the afterlife is absolutely wonderful. The plot follows as he must learn what it truly means to live while also

mentoring 22 who has never understood why anyone would ever want to live on earth, this would help de stigmatize the fear of death.

Quarter life crisis can be seen as part of the search for life's purpose itself. and, in the Great Before lead him to understanding his life purpose by becoming a mentor to 22. For the first time Gardner tries to see life purpose from a different perspective, helping 22 to solidify his personality and place on Earth.

At times like this, few people talk about the importance of understanding the phase of the quarter-life crisis. Therefore, the movie "Soul" by Pete Docter deserves to be watched by all ages because this film teaches the meaning of life which presses on the dreams one achieve and their achievements.

5. CONCLUSIONS AND SUGGESTIONS

A. Conclusions

Based on the analysis in the previous chapter, the researcher would like to conclude on how to solve the quarter life crisis from the hit Pixar movie "Soul" by Pete Docter. The exploration and development of Joe's character did not feel forced because Joe is portrayed as an ordinary man who is learning to live, the audience can most definitely relate to this experience. The story that focuses on Joe's character who is depicted as flat has an interesting balance as the character named 22 adds a bit of flavor to the storyline, giving it a contradictory flavor.

The characters Joe Gardner and 22 offer important advice to those who are still confused on their purpose of life. In addition, the director and scriptwriter Peter Docter seemed to want to invite the audience to participate in questioning the purpose of life through scene by scene. It may seem simple, but it's actually very meaningful.

B. Suggestions

After analyzing the main character's quarter life crisis of "Soul" the researcher suggests readers to watch this movie. Soul brings a story that is full of philosophical

ideas about the life views of the main characters, Joe Gardner and 22. Although the comedy genre of animated films is identical to stories for children, "Soul" has a deeper meaning, even relevant for adults. Therefore, the researcher hopes that the readers can take valuable things from this film and also the contents of this research.

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